EMERGING LEADERS IN HEALTH PROMOTION GRANT PROGRAM: 2021/22

Frequently Asked Questions (FAQ)

This grant is sponsored by the <u>AMA</u> and <u>MD Financial Management</u> / <u>Scotiabank Healthcare+</u>. The grant is available to medical students or resident physicians who require funding to implement health promotion projects in support of the Alberta population. The Emerging Leaders in Health Promotion grant is distinct from other AMA grants for physicians-in-training.

Leading a health promotion project helps you build/demonstrate your level of <u>CanMEDS</u> and <u>CanMEDS/FM</u> core competencies – specifically "health advocate" (also others, depending on the project).

NOTE: If Emerging Leaders is not the right grant for your project, check these other AMA grant programs:

- Student Affairs Funding Support grant: https://www.albertadoctors.org/services/students/ama
- Student Elective Travel grant: https://www.albertadoctors.org/about/awards/student-elective-grant

1. Who is eligible to apply for an Emerging Leaders grant?

Only medical students or resident physicians training in Alberta

2. What is the purpose of this grant program?

- To promote leadership development in the physician's role as advocate for the health of populations
- To provide experience in the importance of health promotion as integral to medical practice
- To facilitate growth of leadership and health advocacy skills in a mentored environment

3. How is the Emerging Leaders in Health Promotion grant program funded?

The ELiHP grant program is sponsored by the <u>AMA</u> and <u>MD Financial Management</u> / <u>Scotiabank Healthcare+</u>. (See #9: *Other requirements* for more information)

4. What funding is available?

Funding is flexible, but projects must apply for a minimum \$500 grant.

- If you apply for the \$500 minimum, ensure your project's scope is adequate for the amount.
- Applications are assessed based on the grant program's available budget. **Up to \$20,000 is available to distribute among approved projects.**

Note: Grant recipients can reapply for a second year of funding if they would like to continue the project for a second year. However, the maximum under the grant program is two years of funding.









5. What types of projects are eligible for funding?

- The project must be "health promotion" i.e., enhance the wellbeing of Albertans through education, advocacy, or community service.
- Projects that have a focus on health promotion within the **Indigenous population** or other vulnerable populations are encouraged.
- The project must be carried out in **Alberta** and must be completed within the one-year grant timeframe.
- The health promotion issue should be **under-served** in some way i.e., there should be a need for raising awareness, providing more education, influencing attitudes or building capacity.
- Project proposals can be either:
 - o A **new**, **untested** concept for which there is good rationale, or
 - A **tested concept being expanded** to a new target population (e.g., age group) or new geographic area (e.g., new part of the province).
- A project with multiple objectives for example, health promotion combined with research <u>must</u> ensure that the health promotion component achieves the quality and value expected by this grant <u>program</u>. Grant applications are assessed for scope and quality of the <u>health promotion component only</u>, and <u>only the health promotion-related costs will be funded</u>.
- **Multi-disciplinary projects** are eligible. However, the physician(s)-in-training must be the project leader(s) and have the most prominent role in planning and leading the project.

If you are uncertain about the eligibility of your project, please contact us at emergingleadersgrant@albertadoctors.org or 780.482.0305.

Tip:

For examples of health promotion projects funded in previous years, visit https://www.albertadoctors.org/emerging-leaders

6. Is it necessary to partner with others for the success of this project?

- <u>Before applying</u>, consider which organizations, individuals, etc. could be helpful to achieving the
 desired outcomes of your project AND reach out to these groups to determine their willingness to
 support your project.
- The presence of appropriate partnerships will increase the likelihood of having a successful project application.
- Applications for projects involving a partnership with a third party would be strengthened by having a Letter of Support from that partner.

7. What types of projects are **NOT** eligible for funding?

- Projects to develop or improve the medical school curriculum
- Projects whose <u>principal</u> target population is the medical profession itself or part of it
- Projects related to services that should be the health care system's responsibility (i.e., the services relate directly to already existing health care system patient care programs)

Sponsors:







8. Do I need to have a mentor for the project? Who can be a mentor?

- Yes. The mentorship requirement helps you develop skills by having someone more senior and experienced guide you, as needed, in aspects of planning and delivering your project.
- Mentorship is integral to development of CanMEDS or CanMEDS/FM roles.
- The mentor must be a more senior physician (e.g., often a community-based or academic physician), knowledgeable and/or interested in your health promotion issue and willing to provide guidance.
- It is recommended that applicants find their own mentor to ensure compatibility.
- If you have been unable to identify a mentor at the time of application, the AMA may be able to provide some assistance if your application is approved for funding.

9. Are there restrictions on how I can spend the grant?

- Yes. Reasonable costs for planning and health promotion delivery are eligible, but restrictions apply:
 - o **Ineligible** expenses to attend conferences (including travel, registration fees, etc.)
 - Ineligible remuneration in any form (stipends, salary, honoraria) for the medical student(s) or resident physician(s) involved in the project
- The following may be **eligible** if cost is reasonable and there is good rationale for your project's need:
 - Fees for external consultants or experts
 - Costs for food/refreshments at events

10. Other requirements

- Projects must be completed within **12 months**, and the project must submit a **final report** within this timeframe. Projects that receive a second year's funding must submit a report for each year.
- With any project promotion or publicity, sponsorship from the <u>AMA</u> and <u>MD Financial</u> <u>Management / Scotiabank Healthcare+</u>, must be acknowledged. Examples of promotion and publicity include promotional materials (posters, brochures, websites, videos, etc.); media interviews/articles; and presentations (e.g. PowerPoint, oral, etc.). Where possible, acknowledgement should include use of the <u>AMA</u> and <u>MD Financial Management / Scotiabank Healthcare+</u> logos. These logos can be obtained from <u>AMA Public Affairs</u>, which can also counsel regarding media relations.

11. Do you require more information?

Please contact us at

• Email: emergingleadersgrant@albertadoctors.org

• Phone: 780.482.0305/1.800.272.9680

• Website: https://www.albertadoctors.org/emerging-leaders





